



LEARNING DREAMS LLC
Educational and Therapeutic Center

Social-Emotional Developmental Checklist

Please check yes or no for each of the following:

YES NO

- Birth – 3 Months:**
- Enjoys social stimulation and smiling at people
 - Learning to be comforted by caretakers
 - Startles or cries at loud sounds
 - Makes cooing and gurgling sounds
 - Responds to touch

3 - 6 Months:

- Plays peek-a-boo
- Smiles spontaneously
- Looks at self in mirror
- Responds when name is said/called
- Reaches for familiar persons
- Pats mirror image

6 – 9 Months:

- Expresses a range of emotions
- Understands “No”
- Shows frustration when a toy is taken away
- Waves bye-bye
- Understands commands such as “Let’s go” by raising arms up

9 – 12 Months:

- Follows simple directions with gestures
- Imitates simple actions

12 - 15 Months:

- When asked to do so, will share a toy
- Enjoys helping
- Displays anxiety when strangers are near
- Beginning to become independent

15 - 18 Months:

- Engages, disengages, then reengages with others for a short period of time
- Plays alone or watches others

18 - 24 Months:

- Engages in side-by-side play with peers
- Uses words & body language to communicate feelings
- Is generally in a happy mood
- Is possessive of own things

YES NO

- 2 – 3 Years:**
- Enlists parents help to do pretend drama
 - Communicates their desires for closeness
 - Develops the ability to recover from anger
 - Begins to understand concepts

3 – 4 Years:

- Can leave mother for short period of time
- Developing some independence & self-reliance
- Is anxious to please adults
- May have fears of strangers, animals, & the dark
- Begins playing in groups
- Begins to notice differences in the way men & women act

4 - 5 Years:

- Often tests people to see who can be controlled
- Is boastful about self and family
- Has a good imagination
- Often is bossy; goes from bossy to shy
- Is selective about playmates; often has stormy relationships

5 - 6 Years:

- Likes conversations during meals
- In general is reliable and well adjusted
- Is interested in where babies come from
- Is not too demanding in relations with others
- May fear mother won’t return
- If doesn’t like school, may become ill & vomit
- Is concerned about pleasing adults; likes praise

6 – 7 Years:

- Does not like being kissed in public
- Finds it difficult to accept criticism or blame
- Friendships are unstable; is a tattletale
- Must be a winner; will change rule to win
- Typically negative, rigid, demanding
- Displays violent extremes
- May blame mother for things that go wrong

If you checked “No” to a majority of the items in an age range, you may want to seek the advice of a licensed professional therapist. Please contact our office with any questions or to set up an evaluation.

5103 West Pierson Road, Suite 3 Flint, Michigan 48504

Phone: (810) 391-2923 Fax: (810) 391-2968 info@learningdreamsllc.com learningdreamsllc.com